

COMMUNITY HEALTH SERVICES

GATEWAY TO A HEALTHY YONKERS

This new initiative seeks to build on the successes of the past and allows NCC to be more intentional and strategic in creating policies, systems and environmental changes that will produce a greater and more sustainable impact on the health and nutrition habits of our community. For more information, please contact-

Carol Blakney, School Coordinator

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Lourdes De'LaCruz, Community Coordinator

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HEALTHY MARRIAGES AND RELATIONSHIP EDUCATION PROGRAM (HMREP)

The new HMREP, also known as EmpowerYOU, develops and supports economic self-sufficiency, healthy marriages and relationships, and parenting skills for individuals, couples, caregivers, parents, and at-risk youths, ages 16-24, across six cities in the lower Hudson Valley region of New York State. For more information, please contact-

Edward Lawson, Jr., JD, MBA, Program Director

empoweryou@nepperhanc.com | 914.965.0206

GATEWAY BULLY PREVENTION PROGRAM

NCC's Bully Prevention Program was launched in January 2015 and teaches youths, ages 8-15, about the dangers of bullying and the long-lasting negative impact that it leaves upon its victims. The program operates Monday through Friday, between 2:30 p.m. and 5:00 p.m. For more information, please contact-

Rudy Coombs, Program Coordinator

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COMPREHENSIVE ADOLESCENCE PREGNANCY PREVENTION PROGRAM (CAPP)

CAPP was launched in 2010 and serves children ages 9-15 years old. This program focuses upon risky behaviors that challenge this age group and provides positive alternatives. The program operates Monday through Friday, between 2:30 p.m. and 6:00 p.m. For more information, please contact-

Shanika Williams, Program Coordinator

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